

## Premier points guide

2023

Momentum Multiply is a rewards programme that **guides, motivates and rewards** you for taking everyday steps to live a **better and happier life on your journey to success.**

The more points you earn, the higher your status and the better your rewards. Multiply your life in 2023 with this go-to guide to earn points, move up in status and get rewarded.

	Bronze	Silver	Gold	Platinum	* Private Club
Single	0	250	500	650	750
Family	0	500	1 000	1 300	1 500

\* Get to Private Club status when you have been a Multiply Premier member for 2 years or more.



# Be healthier

Max points\*

300  
Single

600  
Family

Activity		Points	Points limit																					
<b>Complete your health and activity questionnaire</b> Visit <a href="https://multiply.co.za">multiply.co.za</a> and complete the questionnaire.	Once a year	20	Single 20	Family 40																				
<b>Go for your health assessment to know your Healthy Heart Score</b> Go for your <a href="#">free health assessment</a> .	Once a year	30																						
<b>Get more points for an amber Healthy Heart Score</b> Get an amber Healthy Heart Score and get rewarded with more points.	Once a year	30	Single 100	Family 200																				
<b>Get more points for a green Healthy Heart Score</b> Get a green Healthy Heart Score and get rewarded with even more points.	Once a year	70																						
<b>Check your Stress Score</b> Earn 2 points a month, up to a maximum of 20 points, for measuring your Stress Score with the Momentum Multiply app.	Twice a month	1	Single 20	Family 40																				
<b>Have an active day</b> Choose one of these activities to get an active day: <ul style="list-style-type: none"><li>Get active at any of our <a href="#">gym partners</a></li><li><a href="#">Track your activity</a> with any of our <a href="#">supported devices</a></li><li>Participate in the Parkrun through FitVault</li><li>Log an event through <a href="#">EntryTime</a></li></ul>	Once a day	1	Single 80	Family 160																				
<b>Complete and log an elite event</b> Participate in and complete a high-endurance elite event and log it on Entrytime to get more points in addition to your 1 active day point. Points depend on the elite event.	For every elite event completed	10 or 20																						
<b>Go for a fitness assessment</b> Book your <a href="#">fitness assessment</a> with one of our accredited health professionals on <a href="https://multiply.co.za">multiply.co.za</a> . Pay R250 for an online assessment (valid for six months) and R460 for an in-person assessment (valid for one year).	<b>Online</b> Twice a year <b>In-person</b> Once a year	<table><tr><td>Level 1</td><td>Level 2</td><td>Level 3</td><td>Level 4</td><td>Level 5</td></tr><tr><td>5</td><td>10</td><td>20</td><td>30</td><td>40</td></tr></table> <table><tr><td>Level 1</td><td>Level 2</td><td>Level 3</td><td>Level 4</td><td>Level 5</td></tr><tr><td>10</td><td>20</td><td>40</td><td>60</td><td>80</td></tr></table>	Level 1	Level 2	Level 3	Level 4	Level 5	5	10	20	30	40	Level 1	Level 2	Level 3	Level 4	Level 5	10	20	40	60	80		
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Level 1	Level 2	Level 3	Level 4	Level 5																				
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<b>Unlock more Active Dayz™</b> Go for a fitness assessment or complete an elite event and unlock 80 more points for Active Dayz.	Once a day	1	Single 80	Family 160																				

\* The maximum number of points are subject to completing the unlocking activities.



# Be safer

Max points\*

180  
Single

360  
Family

Activity		Points	Points limit	
<b>Complete your safety questionnaire to know your Safety Score</b> Visit <a href="https://multiply.co.za">multiply.co.za</a> and complete the questionnaire.	Once a year	20	Single 20	Family 40
<b>Get points for your Safety Score result</b> You will get a Safety Score once you have completed the <a href="#">safety questionnaire</a> .  You can improve your Safety Score by implementing the safety recommendations or submitting validations.  Points are awarded for your Safety Score.	Once a year	<div>Above 80% 50</div> <div>71% to 80% 40</div> <div>55% to 70% 30</div> <div>Below 55% 0</div>	Single 50	Family 100
<b>Have a travelling safe day</b> Activate <a href="#">Safe Dayz™</a> on the Momentum app and stay safer when you travel.	Once a day	1	Single 80	Family 160
<b>Have a non-travelling safe day</b> Activate <a href="#">Safe Dayz™</a> on the Momentum app and stay safer when you stay at home.	Once a day	1		
<b>Check the safety of your car at Tiger Wheel &amp; Tyre</b> Visit Tiger Wheel & Tyre and get your MultiPoint Vehicle Safety Check for just R99.	Once a year	40		
<b>Unlock more travelling Safe Dayz™</b> Check the safety of your car at Tiger Wheel & Tyre and unlock 30 more points for travelling Safe Dayz.	Once a day	1	Single 30	Family 60

\* The maximum number of points are subject to completing the unlocking activities.

# Be on top of your finances

Max points

200  
Single

400  
Family

Activity		Points	Points limit	
<b>Complete the financial wellness questionnaire</b> Visit <a href="https://multiply.co.za">multiply.co.za</a> and complete the questionnaire.	Once a year	20	Single 20	Family 40
<b>Go for a yearly review with a financial adviser</b> Complete your yearly financial review with your Momentum Financial Planner or Independent Financial Adviser. He/she must submit a declaration of advice to us.	Once a year	100	Single 100	Family 200
<b>Grow your savings with Multiply Money</b> Earn points for making a deposit of R500 or more every month and maintaining your Savings Wallet balance.  The more you save, the more you earn.  Points are rewarded monthly for maintaining a minimum daily balance. A deposit of at least R500 every month is also required.	Once a month	R2 000 • 5 R5 000 • 10 R10 000 • 20	Single 80	Family 160
<b>Grow your savings with HealthSaver</b> Earn points for making a deposit of R250 or more every month and maintaining your balance.  Points are rewarded monthly for maintaining a minimum daily balance of R1 000. A deposit of at least R250 every month is also required.	Once a month	R1 000 + R250 = 5 R1 000 + R1 000 = 10 R1 000 + R2 000 = 20		



# Have cover

Max points

340  
Single

680  
Family

Activity	Cover	Points						
<b>Have cover with Momentum</b>  Keep your policies with Momentum and/or Momentum Metropolitan-administered schemes active and automatically get points awarded every year.  <b>Note:</b> Only premium-paying policies or policies with a minimum fund value of R50 000 qualify.	Once a year		<1 year	1 year	2 years	3 years	4 years	5+ years
		Risk cover	50	55	60	65	70	80
		Car and home cover	50	55	60	65	70	80
		Health	50	55	60	65	70	80
		Wills	50	55	60	65	70	80
		Retirement	50	55	60	65	70	80
		Savings	50	55	60	65	70	80