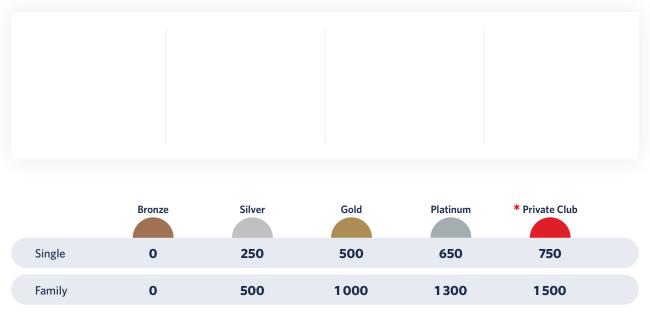


## Momentum Multiply is a rewards programme that guides, motivates and rewards you for taking everyday steps to live a better and happier life on your journey to success.

The more points you earn, the higher your status and the better your rewards. Multiply your life in 2023 with this go-to guide to earn points, move up in status and get rewarded.



\* Get to Private Club status when you have been a Multiply Premier member for 2 years or more.

# Be healthier

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#### Max points\*



Activity		Points	Points limit
<b>Complete your health and activity questionnaire</b> Visit <u>multiply.co.za</u> and complete the questionnaire.	Once a year	20	Single Family 20 40
<b>Go for your health assessment to know your Healthy Heart Score</b> Go for your <u>free health assessment</u> .	Once a year	30	
<b>Get more points for an amber Healthy Heart Score</b> Get an amber Healthy Heart Score and get rewarded with more points.	Once a year	30	SingleFamily100200
<b>Get more points for a green Healthy Heart Score</b> Get a green Healthy Heart Score and get rewarded with even more points.	Once a year	70	
<b>Check your Stress Score</b> Earn 2 points a month, up to a maximum of 20 points, for measuring your Stress Score with the Momentum Multiply app.	Twice a month	1	Single Family 20 40
<ul> <li>Have an active day</li> <li>Choose one of these activities to get an active day:</li> <li>Get active at any of our <u>gym partners</u></li> <li><u>Track your activity</u> with any of our <u>supported devices</u></li> <li>Participate in the Parkrun through FitVault</li> <li>Log an event through <u>EntryTime</u></li> </ul>	Once a day	1	Single Family 80 160
Complete and log an elite event Participate in and complete a high-endurance elite event and log it on Entrytime to get more points in addition to your 1 active day point. Points depend on the elite event.	For every elite event completed	10 or 20	
<b>Go for a fitness assessment</b> Book your <u>fitness assessment</u> with one of our accredited health professionals on <u>multiply.co.za</u> . Pay R250 for an online assessment (valid for six months) and R460 for an in-person assessment (valid for one year).	Online Twice a year In-person Once a year	5 10 2 Level 1 Level 2 Lev	rel 3 Level 4 Level 5 <b>30 40</b> rel 3 Level 4 Level 5 <b>60 60 80</b>
Continue of the second sec	Once a day	1	Single Family <b>80</b>

\* The maximum number of points are subject to completing the unlocking activities.

Be safer	Max points* 180 Single Family				
Activity		Points limit			
<b>Complete your safety questionnaire to know your Safety Score</b> Visit <u>multiply.co.za</u> and complete the questionnaire.	Once a year	20	Single	Family 40	
<b>Get points for your Safety Score result</b> You will get a Safety Score once you have completed the <u>safety questionnaire</u> . You can improve your Safety Score by implementing the safety recommendations or submitting validations. Points are awarded for your Safety Score.	Once a year	Above 80% • 50 71% to 80% • 40 55% to 70% • 30 Below 55% • 0	Single	Family	
Have a travelling safe day Activate <u>Safe Dayz™</u> on the Momentum app and stay safer when you travel. Have a non-travelling safe day Activate <u>Safe Dayz™</u> on the Momentum app and stay safer when you stay at home.	Once a day Once a day	1	Single 80	Family 160	
<ul> <li>Check the safety of your car at Tiger Wheel &amp; Tyre</li> <li>Visit Tiger Wheel &amp; Tyre and get your MultiPoint Vehicle Safety</li> <li>Check for just R99.</li> <li>Dulock more travelling Safe Dayz™</li> <li>Check the safety of your car at Tiger Wheel &amp; Tyre and unlock</li> </ul>	Once a year Once a day	40	Single	Family 60	

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\* The maximum number of points are subject to completing the unlocking activities.

#### Be on top of your finances

#### Activity Points **Points limit** Family Single Complete the financial wellness questionnaire Once a 20 20 40 Visit multiply.co.za and complete the questionnaire. year Go for a yearly review with a financial adviser Single Family Once a Complete your yearly financial review with your Momentum 100 100 200 Financial Planner or Independent Financial Adviser. He/she must year submit a declaration of advice to us. Grow your savings with Multiply Money Earn points for making a deposit of R500 or more every month R2 000 • 5 and maintaining your Savings Wallet balance. Once a R5 000 • **10** month The more you save, the more you earn. R10 000 • 20 Points are rewarded monthly for maintaining a minimum daily Family Single balance. A deposit of at least R500 every month is also required. 80 160 R1 000 Grow your savings with HealthSaver = 5 + R250 Earn points for making a deposit of R250 or more every month and Once a maintaining your balance. R1 000 = 10 + R1 000 month Points are rewarded monthly for maintaining a minimum daily balance R1 000 = 20 of R1 000. A deposit of at least R250 every month is also required. + R2 000

200

Single

**Max points** 

400

Family

### Have cover

#### Max points

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Activity	Cover Points							
Have cover with Momentum			<1 year	1 year	2 years	3 years	4 years	5+ years
Keep your policies with		Risk cover	50	55	60	65	70	80
Momentum and/or Momentum Metropolitan-administered	Car and home cover	50	55	60	65	70	80	
schemes active and automatically get points awarded every year.	Once a year	Health	50	55	60	65	70	80
Note: Only premium-paying policies or policies with a minimum fund value of R50 000 qualify.	Wills	50	55	60	65	70	80	
	Retirement	50	55	60	65	70	80	
	Savings	50	55	60	65	70	80	

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